

REQUIREMENTS AND CORE CLINICAL AND DIDACTIC EDUCATION FOR PGY-III:

Objectives:

By the end of the PGY-III year, the resident is able to:

- 1) Formulate correct treatment plans for each diagnostic category;
- 2) Initiate correct treatment for all diagnoses;
- 3) Perform at acceptable standards in short-term psychotherapy;
- 4) Have a working knowledge of 5 forms of psychotherapy, use of biofeedback, and other schools of psychological theory.
- 5) Retain an outpatient practice of at least 5 patients who require weekly therapy;
- 6) Correctly use and monitor psychotropic agents in an outpatient setting;
- 7) Successfully complete a Clinical Skills Examination;
- 8) Have familiarity with currently used rating scales for psychiatric illness.

REQUIRED ROTATIONS:

Outpatient (12 months, full-time)

Psychopharmacology Clinic (12 months, half day per week)

DIDACTIC SEMINARS:

The following courses will be offered throughout the year:

Human Sexuality (PGY II, III or IV)
Consultation-Liaison Psychiatry (PGY II or III)
Group Psychotherapy (PGY II, III or IV)
Family Therapy (PGY II or III)
Cognitive/Behavior Therapy (PGY II or III)
Hypnosis (PGY III or IV)
Advanced Psychopharmacology
Advanced Psychoanalytic Theory
Administrative Psychiatry (PGY III or IV)
Combining Psychotherapy and Medication
Brief Therapy
Marital Therapy

SPECIAL REQUIREMENTS FOR COMPLETION OF PGY-III:

1. The resident must have demonstrated by supervisor log that he/she has:
 - a. seen at least 20 hours of outpatient visits per week
 - b. receive at least 2 hours of individual psychotherapy supervision per week
 - c. seen at least 30 chronically mentally ill patients in an outpatient setting

- d. participated in one psychotherapy group as co-leader for 12-16 weeks
 - e. treated at least one patient cognitively/behaviorally for a minimum of 12 weeks
 - f. evaluated at least 75 patients on an outpatient basis
2. The resident must demonstrate by log that he/she cared for, as outpatients, at least 5 patients from each of the following disease categories:
- a. anxiety disorders
 - b. mood disorders
 - c. adjustment disorders
 - d. borderline personality
 - e. other personality disorders
 - f. psychotic disorders
 - g. substance use disorders
3. The resident must demonstrate he/she cared for a minimum of 25 patients on an outpatient basis for at least a year:
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| Psychotic (or initially psychotic) | 7 |
| Nonpsychotic | 8 |
| Biological treatment | 10 |
| Psychodynamic psychotherapy | 4 |
4. Must complete a scholarly project with faculty supervision.
5. Must give a presentation on gender and/or cultural issues.
6. Must complete one psychodynamic formulation for review.